



Lincoln County NEWSLETTER

Engaging communities by Advocating, Connecting and Educating with an emphasis on volunteerism and independent living.

July 2017

ACE of SW MN

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Summer is going by fast – Get out and ENJOY!!

REMEMBER:

Lincoln County Fair: July 27-30th in Tyler

Our Community Celebrations need your support!! Get involved – Have FUN –

VOLUNTEER!!

Don't forget to invite friends and family over for a visit!

Coming Events:

Caregiver classes:

**Beginning on August 2nd at 1PM
Divine Providence Healthcare
Community Room. Please call Jackie at
694-1414 or Rosanne at 694-1034 to
register.**

**Beginning on August 15th at Hendricks
Hospital. Please call Sandy Lacek at
507-275-3134 or Rosanne at 694-1034
to register.**

Volunteer Appreciation:

Thursday August 17th, 2017
4 to 7PM - Ivanhoe VFW
Please call Rosanne to register:
507-694-1034 or 507-829-0780



Are you looking for a guest speaker for your next meeting? We would be happy to present a program to your study or extension group, organization or church group!

- Dementia Friends – learn a bit about dementia and how to communicate and support someone with dementia.
- The Dementia Friendly @ Work training – helps businesses and organizations heighten their awareness of dementia and equips them to respond warmly and effectively when serving people living with dementia and their families.
- The 10 Warning Signs of Memory Loss
- The Basics of Alzheimer’s Disease
- A.C.E. of SW Minnesota – Lincoln County – Let Us Tell You about our many programs

Call our office at 694-1034 to invite us to speak at your next meeting or event

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Please help us keep our volunteer records up to date. If you have a new phone number, e-mail address, or have moved, please call our office at 507-694-1034 or email us ace.lincoln@co.lincoln.mn.us



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This class will also be offered this fall:

Make Better Choices, Have Better Health - Living Well with Chronic Conditions helps participants with ongoing health conditions find better ways of dealing with pain and fatigue, discover easy exercise to improve strength and energy, learn appropriate use of medication, improve nutrition, how to talk effectively with family, friends and health professionals.

Watch for more details to come, and call Rosanne at (507)694-1034 to register for this class.

Reporting Your Hours

Reporting your hours is important to us. Did you know you can report your hours several ways. If you are volunteering at a station that is registered with us you can record your hours on their Station Timesheet. We also welcome phone calls with your hours at 694-1034, or you can e-mail us at: **ace.Lincoln@co.Lincoln.mn.us** or you can complete the timesheet below and mail to A.C.E. of SW Minnesota – Lincoln Co., 319 N. Rebecca St., PO Box 29 - Ivanhoe MN 56142.

LINCOLN COUNTY VOLUNTEER TIME SHEET

Month: _____ **Volunteer Signature** _____

Where did you volunteer? _____

Date _____ Number of Hours volunteered _____

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Please submit your hours by the 5th of the month.