



Your local VOICE for Aging & Volunteer Services

December 2018 Newsletter

Cottonwood County Office
Brenda Skrove – (507)831-1803

Aging & Volunteer Services Coordinator
1012 – 5th Ave., Windom MN 56101



Happy Holidays Everyone!!

To say thank you for all you do throughout the year just isn't enough. To give you a wink, a smile, even a handshake would be much better! I wish I had the chance to give you my appreciation for what you do, the lives you change and yes, even lives you save. Each and every one of you contribute something to A.C.E. of SW Minnesota - Cottonwood County and we couldn't do it without you!

I want to wish you the very best this holiday season and please stay in touch in the New Year for volunteer opportunities so we can use your time and skills to the max!

Happy Holidays!

Brenda Skrove



Donations Ink Cartridges



Did you know that the money that we receive for ink cartridges goes into our Volunteer Appreciation account to help fund the event?

At this time I will not be able to accept donations of the large ink toners/cartridges.

I am not able to find a place to send them and no longer have anywhere to dispose of them. Down the road, if the situation changes, I will certainly let you all know!

I **AM** able to accept and recycle the small ink cartridges similar to the above picture and will continue to do so. Please keep bringing them to my office! Thanks for your help in spreading the word!



Cottonwood County Caregiver Support Group is open to the public! Please join us & bring a friend!

We meet once a month, usually on a Monday or Tuesday afternoon. You are welcome to come when you would like and leave when you would like, but we usually get together for at least an hour. This is a chance to share what is happening in your life as a caregiver and learn what others are going through as they travel the same road. Ideas are shared, stories are encouraged, and support is given by all. Come meet others in your area that know how things are in your daily life as a caregiver of any type. Call Brenda if you are interested to get the next meeting date! All are welcome!!!



COTTONWOOD COUNTY RSVP VOLUNTEER STATIONS

A.C.E. Cottonwood Co. Special	American Cancer Society Co.
Alz. Ed-Cottonwood County	BARC Inc.
Big Buddies-Cottonwood County	Bingo-Hardees.
Care & Share	Caregivers Support Group
Cottonwood Co. Animal Rescue	Cottonwood Co. Historical Society
Cottonwood County DAC	Cottonwood Co. Farm Services
Dist. #177 Winfair	Dist. #177 Windom Middle School
Early Childhood Family Education	Ev. Based Programs-Cottonwood County
Friendly Visiting	Good Sam of Mt. Lake
Good Sam Mikkelsen Manor	Good Sam-Sogge Memorial
Good Samaritan- Westbrook	Mary & Martha's Pantry
Matter of Balance-Cottonwood County	Mt. Lake Heritage Village
Mt. Lake Senior Club	Mt. Lake Senior Dining
Pine View Assisted Living	Red Cross Bloodmobile – Windom
Red Cross Bloodmobile – Westbrook	Reinbows Inc.
Respite Care	RSVP Bone Builders
Ruby's Pantry	Salvation Army-Red Kettle
Second Harvest – Storden & Windom	Shalom Hills Farm
Storden Community Center	Tax Aide Cottonwood County
Telephone Reassurance-Cottonwood County	U.S. Fish & Wildlife
Westbrook Heritage Museum	United Community Action Transportation
Windom Adult Basic Education	Windom Area Chamber of Commerce
Windom Area Hospital Auxiliary	Windom City Arena
Windom Senior Club	Windom Senior Dining



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Wanted: Volunteers to become trained leaders!

Do you have a talent for teaching? Do you know how important your help can be to the healthy lives of all Cottonwood County residents?

Please consider becoming a trained leader for one of the Healthy Living classes offered by A.C.E. of SW MN.

Classes that we need leaders for are:



- *Living Well with Chronic Conditions*
- *Diabetes Self-Management*
- *A Matter of Balance*
(a falls prevention program)
- *Powerful Tools for Caregivers*

Please call Brenda Skrove at (507)831-1803 to inquire about the next available leader training!



To care so much for your fellow man is a quality all too rare. Yet you give of your time and talents, for all in need to share.

So thank you for being a volunteer, we're privileged to work with you. We want you to know how appreciated you are, not just today, but the whole year through.

I would like my name added to the usher/event helper list. I can best be reached at:

Name: _____

Call me at: (phone #) _____

Email me at: (email address) _____

Please drop off this form at the BARC Office or mail it to Brenda at:
1012 5th Ave., PO Box 123 - Windom MN 56101

DO YOU HAVE UNRECORDED HOURS?

Take a minute and fill this out and either drop off at the A.C.E. office or mail in. All hours you volunteer, except specifically for a church, but community activities do count.

Remember your signature, they don't count without it!

Volunteer Station: _____

Date/Hours Served: _____

Volunteer Station: _____

Date/Hours Served: _____

Signature: _____

WE NEED YOUR HELP!! Volunteers are currently needed at the following locations:

- **Ushering** for Monroe Crossing Concert- A Bluegrass Christmas Thursday Dec. 20, 2018 7:00pm at the BARC. (Ushers come at 6:00pm)
- **Windom Concert Association** Concerts on March 15th and May 9th 2019.
- **Bloodmobile**-January 9th Shifts at 1-3, 3-5, 5 to close at the Windom Community Center.
- **Respite Care:** volunteers are needed to visit persons while their Caregiver takes a short, much needed break to run errands &/or take a short breather for themselves. This is just a visit, no medical or bathroom needs are involved with this visit.



Please call Brenda Skrove at A.C.E. of SW Minnesota – Cottonwood County Office TODAY to volunteer for one or more of these opportunities! Brenda can be reached at (507)831-1803 or via email at ace.cottonwood@co.cottonwood.mn.us.

THANK YOU for helping us fill these much-needed volunteer positions!

Are you interested in ushering & helping at events?

We need to start a new list of volunteers that are interested and willing to help at concerts and events held at BARC throughout the year. I have sent out emails and made some phone calls in the past, but it would be more helpful if I knew who was interested in doing just these events as they come up. That way I am not contacting people that have no interest. This is an excellent chance for you to see some great entertainment at no cost other than helping people find their seat and perhaps helping to serve refreshments afterwards. Your time and help is truly appreciated, so my new 'usher' list will start with your responses.



Please send the following information to **Brenda Skrove, A.C.E. of SW MN – Cottonwood Co. Office, 1012 - 5th Ave., PO Box 123 - Windom MN 56101**
Phone: (507)831-1803 email: ace.cottonwood@co.cottonwood.mn.us

Please add me to the updated volunteer list to help at events.

NAME: _____

Email me at (email address) _____

Call me at (phone number) _____

Visit the A.C.E. of SW MN Christmas tree at the Cottonwood County Historical Museum. Yearly I put up a tree with the A.C.E. theme for our volunteers. Please stop by and vote for our tree! Bring your friends, take a picture, and share! The trees will be on display throughout the month of December!

